Seeing the Light Brain Integration Therapy

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7 Questions of Communication

- 1. Where Am I?
 - 1A. What do you bring to a situation?
- 2. Where Is It?
 - 2A. Who am I talking to?
- 3. What Is It?

3A. What is the Issue? (Listen)

4. What About It?

4A. Enter Dialog

5. What Was It?

5A. That was Then - This is Now

6. What Emotion?

6A. Feelings Don't Think, the Mind Doesn't Feel

7. Who Am I?

7A. Total Integration - Balance